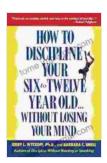
# How To Discipline Your Six To Twelve Year Old Without Losing Your Mind

Are you struggling to discipline your six to twelve year old child? Do you feel like you're constantly yelling, nagging, and punishing, but nothing seems to work? If so, you're not alone. Discipline is one of the most challenging aspects of parenting, and it can be especially difficult when your child is between the ages of six and twelve.



#### How to Discipline Your Six to Twelve Year Old . . . Without Losing Your Mind by Barbara C. Unell

4.4 out of 5

Language : English

File size : 535 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 257 pages



This is a time of great change and development for children. They are becoming more independent and assertive, and they are also starting to develop their own moral code. As a result, they may be more likely to challenge your authority and push the limits. This can be frustrating and exasperating for parents, but it's important to remember that it's also a normal part of child development.

The good news is that there are effective ways to discipline your child without resorting to harsh punishment. In this book, you will learn a variety of positive discipline techniques that will help you to:

- Set clear limits and expectations
- Teach your child self-control
- Encourage your child to cooperate
- Build a strong relationship with your child

These techniques are based on the latest research on child development and parenting. They are effective, age-appropriate, and respectful of your child's needs. With patience and consistency, you can use these techniques to help your child learn how to behave appropriately and develop into a responsible, respectful young adult.

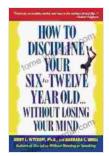
#### In this book, you will find:

- A step-by-step guide to positive discipline
- Age-specific strategies for disciplining children from six to twelve
- Real-life examples and case studies
- Tips for dealing with common discipline challenges
- A chapter on building a strong parent-child relationship

If you're ready to learn how to discipline your child without losing your mind, this book is for you.

#### Free Download your copy today!

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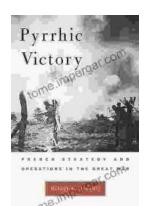
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