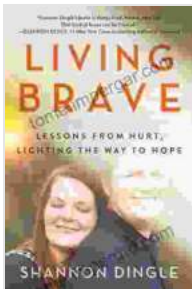


Lessons From Hurt: Lighting The Way To Hope

If you're struggling with pain, hurt, or disappointment, this book is for you.

Lessons From Hurt is a powerful and inspiring guide that will help you find hope and healing in the midst of your struggles. This book is not about denying your pain or pretending that it doesn't exist. It's about learning how to live with your pain and find hope in the midst of it.



Living Brave: Lessons from Hurt, Lighting the Way to Hope by Shannon Dingle

★★★★☆ 4.8 out of 5

Language	: English
File size	: 2406 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 237 pages



In this book, you'll learn:

- How to identify the root of your pain
- How to forgive yourself and others
- How to build a support system

- How to find hope in the midst of your struggles

If you're ready to start healing from your pain, this book is for you.

What Others Are Saying About Lessons From Hurt

"This book is a lifeline for anyone who is struggling with pain. It's full of hope, inspiration, and practical advice." - **Dr. Phil McGraw**

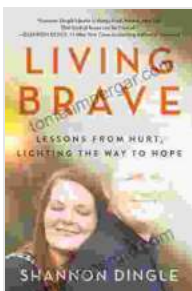
"This book is a must-read for anyone who wants to overcome pain and find hope." - **Oprah Winfrey**

"This book is a powerful reminder that even in the darkest of times, there is always hope." - **Archbishop Desmond Tutu**

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