

Staying Close To Your Kids In College And Beyond While Letting Them Grow Up

As your child heads off to college, you may be feeling a mix of emotions. You're proud of them for taking this big step in their lives, but you're also worried about how they'll handle the challenges of college and adulthood. You want to stay close to them, but you also want to give them the space they need to grow up.

This book will help you navigate this delicate balance. It offers practical advice on how to communicate with your kids, set boundaries, and support them as they navigate the challenges of college and adulthood.



The iConnected Parent: Staying Close to Your Kids in College (and Beyond) While Letting Them Grow Up

by Barbara K. Hofer

★★★★☆ 4 out of 5

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Chapter 1: The Importance of Staying Close

Staying close to your kids in college is important for a number of reasons.

- It helps them feel loved and supported.
- It helps them make good decisions.
- It helps them stay out of trouble.
- It helps them succeed in college and adulthood.

There are many ways to stay close to your kids in college. You can visit them on campus, talk to them on the phone, text them, or email them. You can also send them care packages, write them letters, or just let them know that you're thinking of them.

Chapter 2: Communicating with Your Kids

Communication is key to staying close to your kids in college. Here are some tips for communicating with your kids in college:

- Be open and honest with them.
- Listen to them without judgment.
- Respect their privacy.
- Avoid giving them unsolicited advice.
- Be supportive of their decisions.

It's also important to be patient when communicating with your kids in college. They're going through a lot of changes, and they may not always be responsive. Just keep trying to communicate with them, and eventually they'll come around.

Chapter 3: Setting Boundaries

Setting boundaries is another important part of staying close to your kids in college. Boundaries help kids feel safe and secure, and they also help them learn how to make good decisions.

Here are some tips for setting boundaries with your kids in college:

- Set clear expectations.
- Be consistent with your boundaries.
- Enforce your boundaries fairly.
- Be willing to negotiate.
- Respect your child's privacy.

Setting boundaries can be difficult, but it's important to remember that they're for your child's own good. Boundaries help kids learn how to be responsible and independent, and they also help them develop a strong sense of self.

Chapter 4: Supporting Your Kids

Supporting your kids in college is essential to their success. Here are some tips for supporting your kids in college:

- Be there for them when they need you.
- Encourage them to get involved in campus activities.
- Help them find resources on campus.
- Celebrate their successes.
- Be patient and understanding.

Supporting your kids in college doesn't mean doing everything for them. It means being there for them when they need you and helping them learn how to be independent. By supporting your kids in college, you're helping them prepare for a successful future.

Chapter 5: Letting Them Grow Up

As your child grows up, it's important to let them go. This doesn't mean that you don't love them anymore or that you don't care about them. It just means that you're giving them the space they need to become independent.

Here are some tips for letting your kids grow up:

- Give them space to make their own decisions.
- Let them learn from their mistakes.
- Encourage them to be independent.
- Be there for them when they need you.
- Trust them to make good choices.

Letting your kids grow up can be difficult, but it's important to remember that it's for their own good. By letting your kids grow up, you're helping them become confident, independent adults.

Staying close to your kids in college and beyond while letting them grow up can be a challenge, but it's also one of the most rewarding experiences of parenthood. By following the advice in this book, you can help your kids succeed in college and adulthood while also maintaining a close relationship with them.

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