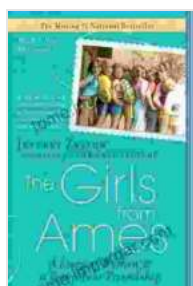


The Girls From Ames: A Journey of Hope, Resilience, and Redemption



The Girls from Ames: A Story of Women and a Forty-Year Friendship by Jeffrey Zaslow

★★★★☆ 4 out of 5

Language	: English
File size	: 2480 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 354 pages
Screen Reader	: Supported
Paperback	: 304 pages
Item Weight	: 1.43 pounds
Dimensions	: 6.14 x 0.7 x 9.21 inches



The Girls From Ames is a powerful and moving story of three young women who overcame adversity to achieve their dreams. This inspiring book is a must-read for anyone who has ever faced challenges in their life.

The book begins with the story of Jessica Ahlquist, a young woman who was born into a family of poverty and addiction. Despite the challenges she faced, Jessica was determined to make a better life for herself. She worked hard in school and eventually earned a scholarship to college. After graduating from college, Jessica went on to become a successful businesswoman and philanthropist.

The second story in the book is about Sarah Thomas, a young woman who was sexually abused as a child. Despite the trauma she experienced, Sarah was able to find healing and hope. She went on to become a successful author and speaker, and she now helps other survivors of sexual abuse find their voice.

The third story in the book is about Emily Helgerson, a young woman who was diagnosed with cancer at the age of 16. Despite the challenges she faced, Emily never gave up hope. She went on to graduate from college and become a successful journalist. Emily is now an advocate for cancer awareness and research.

The Girls From Ames is a story of hope, resilience, and redemption. It is a story that will inspire you to never give up on your dreams, no matter what challenges you may face.

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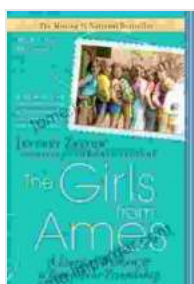
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About the Authors

Jessica Ahlquist is a successful businesswoman and philanthropist. She is the founder of the Ahlquist Foundation, which supports organizations that provide education and opportunities for children and families in need.

Sarah Thomas is a successful author and speaker. She is the author of the book "Finding Your Voice: A Guide for Survivors of Sexual Abuse." Sarah now helps other survivors of sexual abuse find their voice.

Emily Helgerson is a successful journalist. She is an advocate for cancer awareness and research. Emily is the author of the book "Cancer: A Journey of Hope and Healing."



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